

A Little Sluggish

Applique for SEWING



Materials Needed

FABRIC:

- Fabric 1: Slug (1) 4 x 8" cream
 Fabric 2: Shell (1) 5 x 5" navy
 Wee Ones Cuddle® Kit by Shannon Fabrics

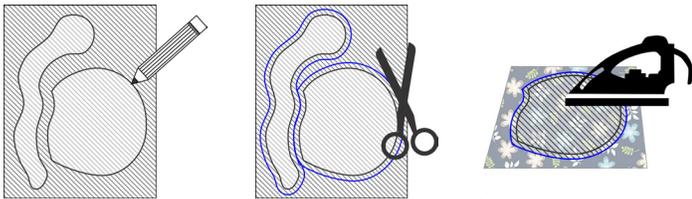
OTHER:

- Lightweight Fusible Web
 Embroidery Floss Navy, Light Blue

Applique Instructions

Applique the snail onto the 13" center block of the Wee One Quilt Kit. We love the simplicity of using lightweight fusible web. The slug and shell images are printed in reverse on page 2, ready for tracing.

1. Place fusible web, **paper side up**, over the applique design. Trace with a pencil.
2. Trim around the shape, but not directly on the outline.
3. With a warm iron, adhere fusible web to the **wrong side** of the fabric.



4. Cut out the fabric shape directly on the traced pencil outline.
5. Peel fusible web paper from fabric.
6. Align snail applique on left side of the fabric strip. With a warm iron, fuse in place.



7. Set sewing machine to zigzag or blanket stitch and sew around the snail to finish the edges.
 In addition to zigzag and blanket stitches (sometimes called buttonhole stitch), straight stitches sewn just inside the perimeter of the applique can nicely outline the shape, leaving the edges to lightly fray.

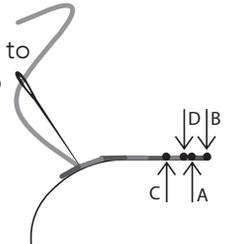


Hand Embroidery Instructions

1. With a water soluble or heat sensitive pen, trace the snail eyes, antennas, and shell swirl detail on the snail applique.
2. Trace the sentiment "mornings make me a little sluggish" below the snail. A lightbox will be helpful for tracing.
3. Satin stitch the snail eyes with 3 strands navy floss. (See hand embroidery diagrams below.)
4. Backstitch antennas with 3 strands navy floss.
5. Backstitch sentiment with 3 strands navy floss.
6. Backstitch shell swirl with 3 strands light blue floss.

Backstitch

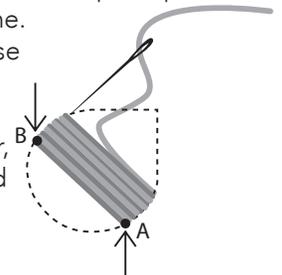
1. Bring embroidery floss up from back of fabric through point A. Pull floss all the way through.
2. Insert needle down behind point A to point B. Pull floss through to the back side.
3. Bring needle up at point C, pulling floss through to the front. Try to keep the length of stitch consistent between points A-B and C-A.
4. Insert needle down at point D close to point A so that the stitches begin to form a line.
5. Repeat backstitch sequence until shape is outlined in stitches.



Satin Stitch

Before starting the satin stitch, outline the embroidery shape with a Backstitch. To help keep your stitches even, come up from the back of the design at the widest point of the shape to begin.

1. Bring needle up from back of fabric, alongside the outside edge of outline stitches through point A.
2. Insert the needle directly across the shape at point B pulling floss taut in a straight line.
3. Bring needle up from back, close to the first stitch and pull floss through.
4. Keeping stitches close together, continue satin stitches back and forth across the shape until it is filled in.

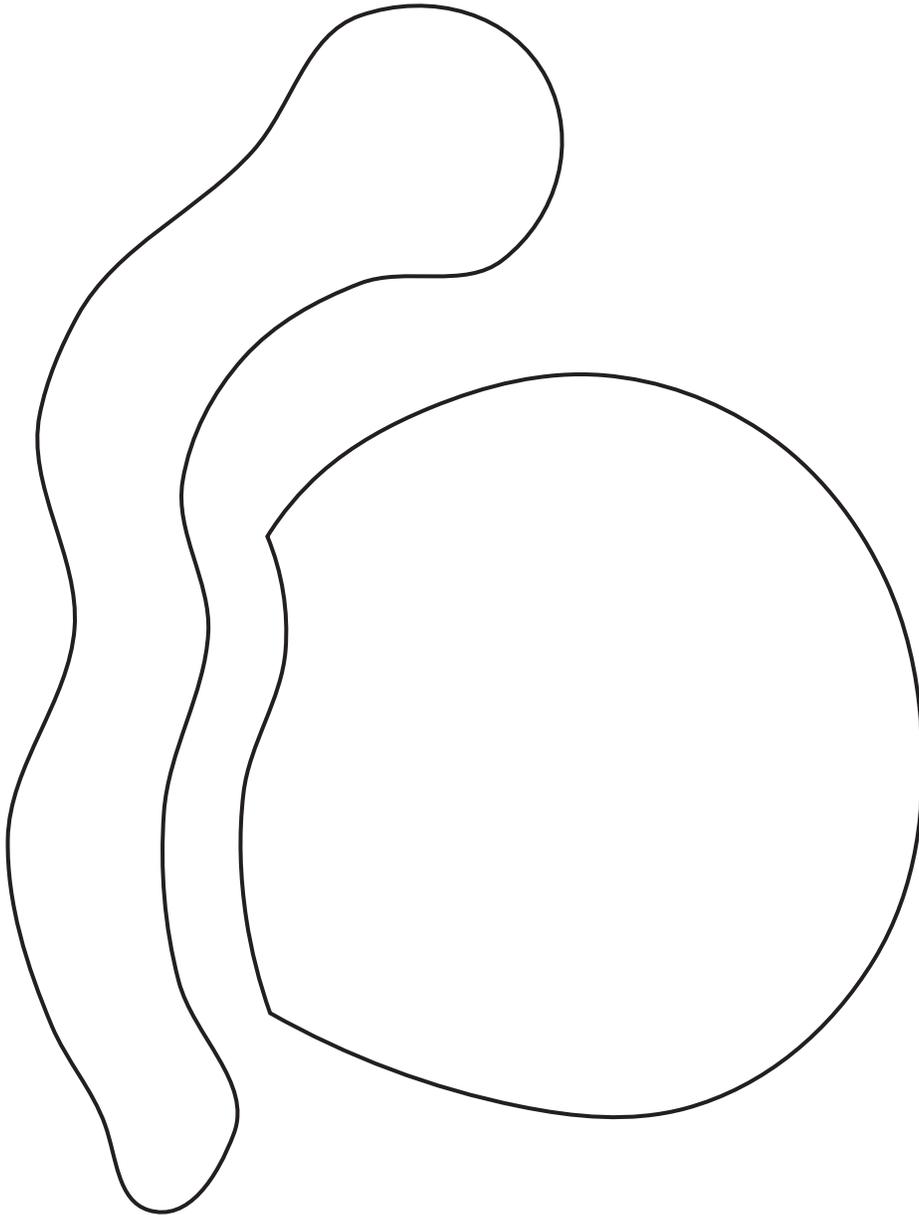


Finishing Instructions

Follow Shannon Fabric instructions for assembling and binding the Wee Ones Cuddle® Quilt.

Design to Trace

Designs are in reverse and ready for tracing for applique.



Design to Trace

Designs to trace for placement of eyes, antennas, and lettering.

mornings make me
a little sluggish

